

Why We Believe What Uncovering Our Biological Need For Meaning Spirituality And Truth Andrew B Newberg

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Taking Caesar out of Jesus - Robert M. Wills 2013-10-18

Jesus is the center of Christian faith and the Bible is its holy book, its sacred scriptures. For hundreds of years, this meant that Jesus was divine and the Bible was a divine product. This remains the primary perspective for many Christians today. However, it has mutated appreciably for others. It is not that Jesus is no longer thought of as the center of Christian faith or the Bible as Christianity's sacred scriptures. Those remain true for everyone. However, studies in biblical criticism and the historical Jesus suggest Jesus was a Palestinian Jew a human being -- not different in that respect from you and me. Divinity was bestowed upon him by his followers, and eventually took the form of imperial divinity after the example of Caesar. This presents a conundrum for Christianity. What, for instance, is Christianity to do with a human being at its center? How has Christianity accommodated imperial rule? What do we do with those imperial titles by which he is known Lord, Savior, Redeemer, and Son of God? Taking Caesar out of Jesus presents a new portrait of Jesus based on solid historical evidence assembled from the works of hundreds of critical biblical scholars. As the subtitle proclaims, Jesus emerges from this book as a new figure, relevant to the 21st century. Some will say this new perspective destroys Christianity. Others will

find Jesus to be far more believable and compelling. Anyone will find this progressive approach to uncovering the historical Jesus thought-provoking. This book, however, goes beyond biblical criticism and a new portrait of the historical Jesus. It confronts the Christian proclamation that Jesus is humanity's savior including the notion that it needs a savior. It suggests that the historical Jesus never embraced the well-known notion of divine salvation. To the contrary, Jesus embraced Judaism's wisdom tradition. In the wisdom tradition, a person deals with the exigencies of life by developing a new vision of reality, and by acting differently. Jesus did not provide an instruction manual for living; rather, he pointed us in the direction of self-management. As described in this book, this new way of living, taken from Jesus's parables and aphorisms, will startle some, and stir others toward greater maturity and responsibility for their own lives.

Why We Believe in God(s) - J. Anderson Thomson 2014-07-01

In this groundbreaking volume, J. Anderson Thomson, Jr., MD, with Clare Aukofer, offers a succinct yet comprehensive study of how and why the human mind generates religious belief. Dr. Thomson, a highly respected practicing psychiatrist with credentials in forensic psychiatry and evolutionary psychology, methodically investigates the components and

causes of religious belief in the same way any scientist would investigate the movement of astronomical bodies or the evolution of life over time—that is, as a purely natural phenomenon. Providing compelling evidence from psychology, the cognitive neurosciences, and related fields, he, with Ms. Aukofer, presents an easily accessible and exceptionally convincing case that god(s) were created by man—not vice versa. With this slim volume, Dr. Thomson establishes himself as a must-read thinker and leading voice on the primacy of reason and science over superstition and religion.

The Neuro Revolution - Zack Lynch

2009-07-21

History has already progressed through an agricultural revolution, an industrial revolution, and an information revolution. The Neuro Revolution foretells a fast approaching fourth epoch, one that will radically transform how we all work, live and play. Neurotechnology—brain imaging and other new tools for both understanding and influencing our brains—is accelerating the pace of change almost everywhere, from financial markets to law enforcement to politics to advertising and marketing, artistic expression, warfare, and even religious belief. The Neuro Revolution introduces you to the brilliant people leading this worldwide transformation, taking you into their laboratories, boardrooms and courtrooms for a unique, insider's glimpse into the startling future now appearing at our doorstep. From foolproof lie detectors to sure-fire investment strategies to super-enhanced religious and aesthetic experiences, the insights and revelations within The Neuro Revolution will foster wonder, debate, and in some cases consternation. Above all, though, they need to be understood by those who will be most affected—all of us.

Lost Connections - Johann Hari 2020-11-12

THE INTERNATIONAL BESTSELLER 'A book that could actually make us happy' SIMON AMSTELL 'This amazing book will change your life' ELTON JOHN 'One of the most important texts of recent years' BRITISH JOURNAL OF GENERAL PRACTICE 'Brilliant, stimulating, radical' MATT HAIG 'The more people read this book, the better off the world will be' NAOMI KLEIN 'Wonderful' HILLARY CLINTON 'Eye-

opening' GUARDIAN 'Brilliant for anyone wanting a better understanding of mental health' ZOE BALL 'A game-changer' DAVINA MCCALL 'Extraordinary' DR MAX PEMBERTON 'Beautiful' RUSSELL BRAND Depression and anxiety are now at epidemic levels. Why? Across the world, scientists have uncovered evidence for nine different causes. Some are in our biology, but most are in the way we are living today. Lost Connections offers a radical new way of thinking about this crisis. It shows that once we understand the real causes, we can begin to turn to pioneering new solutions - ones that offer real hope.

The Great Reversal: How We Let Technology Take Control of the Planet - David Tabachnick 2013-01-01

Every day, we are presented with new technologies that can influence human thought and action, such as psychopharmaceuticals, new generation performance enhancing drugs, elective biotechnology, and gastric bypass surgery. Have we let technology go too far in this respect? In The Great Reversal, David Edward Tabachnick contends that this question may not be unique to contemporary society. Through an assessment of the great works of philosophy and politics, Tabachnick explores the largely unrecognized history of technology as an idea. The Great Reversal takes the reader back to Aristotle's ancient warning that humanity should never allow technical thinking to cloud our judgment about what makes for a good life. It then charts the path of how we began to relinquish our deeply rooted intellectual and practical capacities that used to allow us to understand and regulate the role of technologies in our lives. As the rise of technology threatens our very humanity, Tabachnick emphasizes that we still may have time to recover and develop these capacities □ but we must first decide how far we want to allow technology to determine our existence and our future.

Why We Believe - Agustin Fuentes 2019-09-24

A wide-ranging argument by a renowned anthropologist that the capacity to believe is what makes us human Why are so many humans religious? Why do we daydream, imagine, and hope? Philosophers, theologians, social scientists, and historians have offered explanations for centuries, but their accounts

often ignore or even avoid human evolution. Evolutionary scientists answer with proposals for why ritual, religion, and faith make sense as adaptations to past challenges or as by-products of our hyper-complex cognitive capacities. But what if the focus on religion is too narrow? Renowned anthropologist Agustín Fuentes argues that the capacity to be religious is actually a small part of a larger and deeper human capacity to believe. Why believe in religion, economics, love? A fascinating intervention into some of the most common misconceptions about human nature, this book employs evolutionary, neurobiological, and anthropological evidence to argue that belief—the ability to commit passionately and wholeheartedly to an idea—is central to the human way of being in the world.

Spirituality in the Biomedical World - Guy Jobin 2020-06-22

The need to take the spiritual experience during illness into account is part of a broader trend in Western societies—a fascination with the practical uses of spirituality and its contribution to individual wellbeing, whether through a religious or a humanist tradition. This understanding of spirituality differs from traditional views embedded in religious traditions. This book takes a critical point of view at the biomedical representation of the function of spirituality in care. Medicine reorders notions such as life, death, health, sickness, and spirituality. This process is called here “sapiencialization”, i.e. the spiritual experience is expressed and understood under the auspices of and in terms of wisdom. This view tends to identify spirituality and ethics. I propose an alternate understanding of spirituality, grounded on its subversive power. Inspired by the work of the theologian John D. Caputo, it is critical of some problems that are associated with the sapiencialization of spirituality in biomedicine, such as the medicalization of spiritual experiences or the instrumentalization of spirituality. It provides an understanding of spirituality that honours both the medical interest in it and its capacity to resist to instrumentalization.

Inheritance - Dani Shapiro 2020-01-28
NEW YORK TIMES BESTSELLER • From the acclaimed author of *Inheritance* and host of the

hit podcast *Family Secrets*: a memoir about the staggering family secret uncovered by a genealogy test, an exploration of the urgent ethical questions surrounding fertility treatments and DNA testing, and a profound inquiry of paternity, identity, and love. “Memoir gold: a profound and exquisitely rendered exploration of identity and the true meaning of family.” —People In the spring of 2016, through a genealogy website to which she had casually submitted her DNA for analysis, Dani Shapiro received the stunning news that her beloved deceased father was not her biological father. Over the course of a single day, her entire history—the life she had lived—crumbled beneath her. *Inheritance* is a book about secrets. It is the story of a woman's urgent quest to unlock the story of her own identity, a story that had been scrupulously hidden from her for more than fifty years. It is a book about the extraordinary moment we live in, a moment in which science and technology have outpaced not only medical ethics but also the capacities of the human heart to contend with the consequences of what we discover. Dani Shapiro's memoir unfolds at a breakneck pace—part mystery, part real-time investigation, part rumination on the ineffable combination of memory, history, biology, and experience that makes us who we are. *Inheritance* is a devastating and haunting interrogation of the meaning of kinship and identity, written with stunning intensity and precision.

Mind, Brain and the Elusive Soul - Mark Graves 2016-04-22

Does science argue against the existence of the human soul? Many scientists and scholars believe the whole is more than the sum of the parts. This book uses information and systems theory to describe the “more” that does not reduce to the parts. One sees this in the synapses—or apparently empty gaps between the neurons in one's brain—where informative relationships give rise to human mind, culture, and spirituality. Drawing upon the disciplines of cognitive science, computer science, neuroscience, general systems theory, pragmatic philosophy, and Christian theology, Mark Graves reinterprets the traditional doctrine of the soul as form of the body to frame contemporary scientific study of the human soul.

God and the History of the Universe - Jarvis Streeter 2016-03-22

The popular belief that a scientific understanding of reality is incompatible with a Christian one is simply wrong. Some Christian understandings of reality do conflict with some scientific understandings. But a thoroughly rational Christian understanding of the origin and history of the universe will be informed by the best scientific theories and the "facts" founded on them. This book weaves a narrative of the origin and history of the universe from the perspective of contemporary science with a Christian understanding of God and of God's role in the origin and history of the universe. At the center of this integrated narrative is the view that God, who is pure, unbounded Love, is Creator: the zest for life in the universe comes from God, and God is the source of Truth, Beauty, and Goodness in the universe. God is amazed and delighted at what God-and-the-world has created; God is saddened by ways creatures have fallen short of pure, unbounded Love, Truth, Beauty, and Goodness; and God's pure, unbounded Love keeps on trying to persuade all creatures toward Truth, Beauty, and Goodness.

Principles of Neurotheology - Assoc Prof Andrew B Newberg 2013-06-28

"Neurotheology" has garnered substantial attention in the academic and lay communities in recent years. Several books have been written addressing the relationship between the brain and religious experience and numerous scholarly articles have been published on the topic, some in the popular press. The scientific and religious communities have been very interested in obtaining more information regarding neurotheology, how to approach this topic, and how science and religion can be integrated in some manner that preserves both. If neurotheology is to be considered a viable field going forward, it requires a set of clear principles that can be generally agreed upon and supported by both the theological or religious perspective and the scientific one as well. *Principles of Neurotheology* sets out the necessary principles of neurotheology which can be used as a foundation for future neurotheological discourse. Laying the groundwork for a new synthesis of scientific and

theological dialogue, this book proposes that neurotheology, a term fraught with potential problems, is a highly useful and important voice in the greater study of religious and theological ideas and their intersection with science.

Extremist Islam - Kumar Ramakrishna 2022

"On 17 April 2020, eleven soldiers of the Armed Forces of the Philippines (AFP) were killed during a battle with 40 fighters of the Abu Sayyaf Group (ASG) in Patikul town, in the Sulu region of Mindanao, southern Philippines. The ASG had apparently ambushed the troops during the latter's operations aimed at tracking down two senior ASG figures, Radullan Sahiron and Hatib Sawadjaan-the leader of the Philippine branch of the Islamic State of Iraq and Syria (ISIS) global terror network. The firefight between the pro-ISIS ASG and the AFP forces was apparently the bloodiest in months. This encounter occurred in the midst of the worldwide novel coronavirus (COVID-19) pandemic outbreak that had not spared the southern Philippines as well. A government spokesperson acknowledged the strain on the armed forces, who were on "the forefront as the government's arm to prevent the spread of the dreaded disease on the one hand", while simultaneously engaged in "battling this terrorist Abu Sayyaf Group"--

How Religion Evolved - Brian McVeigh 2017-07-12

Why did many religious leaders—Moses, Old Testament prophets, Zoroaster—claim they heard divine voices? Why do ancient civilizations exhibit key similarities, e.g., the "living dead" (treating the dead as if they were still alive); "speaking idols" (care and feeding of effigies); monumental mortuary architecture and "houses of gods" (pyramids, ziggurats, temples)? How do we explain strange behaviour such as spirit possession, speaking in tongues, channelling, hypnosis, and schizophrenic hallucinations? Are these lingering vestiges of an older mentality? Brian J. McVeigh answers these riddles by updating "bicameralism." First proposed by the psychologist Julian Jaynes, this theory postulates that an earlier mentality existed: a "human" (the brain's left hemisphere) heard voices of "gods" or "ancestors" (the brain's right hemisphere). Therefore, ancient religious texts reporting divine voices were recounting of audio-visual

hallucinations—a method of social control when early populations expanded. As growing political economic complexity destabilized god-governed states in the late second millennium BCE, divine voices became inadequate. Eventually, humans had to culturally acquire new cognitive skills (modern religions) to accommodate increasing social pressures: selves replaced the gods and history witnessed an "inward turn." This psychological interiorization of spiritual experience laid the foundations for the world's great religions and philosophies that arose in India, China, Greece, and the Middle East in the middle of the first millennium BCE.

The Believing Brain - Michael Shermer
2011-05-24

The Believing Brain is bestselling author Michael Shermer's comprehensive and provocative theory on how beliefs are born, formed, reinforced, challenged, changed, and extinguished. In this work synthesizing thirty years of research, psychologist, historian of science, and the world's best-known skeptic Michael Shermer upends the traditional thinking about how humans form beliefs about the world. Simply put, beliefs come first and explanations for beliefs follow. The brain, Shermer argues, is a belief engine. From sensory data flowing in through the senses, the brain naturally begins to look for and find patterns, and then infuses those patterns with meaning. Our brains connect the dots of our world into meaningful patterns that explain why things happen, and these patterns become beliefs. Once beliefs are formed the brain begins to look for and find confirmatory evidence in support of those beliefs, which accelerates the process of reinforcing them, and round and round the process goes in a positive-feedback loop of belief confirmation. Shermer outlines the numerous cognitive tools our brains engage to reinforce our beliefs as truths. Interlaced with his theory of belief, Shermer provides countless real-world examples of how this process operates, from politics, economics, and religion to conspiracy theories, the supernatural, and the paranormal. Ultimately, he demonstrates why science is the best tool ever devised to determine whether or not a belief matches reality.

The Biology of Belief - Bruce H. Lipton 2008
Looks at the processes in which cells receive

information, arguing that DNA is controlled by signals from outside the cell that emanate from one's positive and negative thoughts.

Behave - Robert M. Sapolsky 2017-05-02

Why do we do the things we do? Over a decade in the making, this game-changing book is Robert Sapolsky's genre-shattering attempt to answer that question as fully as perhaps only he could, looking at it from every angle. Sapolsky's storytelling concept is delightful but it also has a powerful intrinsic logic: he starts by looking at the factors that bear on a person's reaction in the precise moment a behavior occurs, and then hops back in time from there, in stages, ultimately ending up at the deep history of our species and its genetic inheritance. And so the first category of explanation is the neurobiological one. What goes on in a person's brain a second before the behavior happens? Then he pulls out to a slightly larger field of vision, a little earlier in time: What sight, sound, or smell triggers the nervous system to produce that behavior? And then, what hormones act hours to days earlier to change how responsive that individual is to the stimuli which trigger the nervous system? By now, he has increased our field of vision so that we are thinking about neurobiology and the sensory world of our environment and endocrinology in trying to explain what happened. Sapolsky keeps going--next to what features of the environment affected that person's brain, and then back to the childhood of the individual, and then to their genetic makeup. Finally, he expands the view to encompass factors larger than that one individual. How culture has shaped that individual's group, what ecological factors helped shape that culture, and on and on, back to evolutionary factors thousands and even millions of years old. The result is one of the most dazzling tours de horizon of the science of human behavior ever attempted, a majestic synthesis that harvests cutting-edge research across a range of disciplines to provide a subtle and nuanced perspective on why we ultimately do the things we do...for good and for ill. Sapolsky builds on this understanding to wrestle with some of our deepest and thorniest questions relating to tribalism and xenophobia, hierarchy and competition, morality and free will, and war and peace. Wise, humane, often

very funny, Behave is a towering achievement, powerfully humanizing, and downright heroic in its own right.

The Power of Surprise - Michael Rousell PhD
2021-09-15

Surprise evolved as a mechanism to instantly change our beliefs. Here, Michael Rousell shows how surprising events produce invisible influence because they open a window to spontaneous belief change with no warning or conscious awareness. He explores and illustrates how we can use these changes to strategically enrich our lives.

Why Spirituality is Difficult for Westerners - David Hay 2017-05-09

Dr Hay is Honorary Senior Research Fellow at the University of Aberdeen. A zoologist by profession, his research has been guided by the hypothesis that religious or spiritual awareness is biologically natural to the human species and has been selected for in the process of organic evolution because it has survival value. Although naturalistic, this hypothesis is not intended to be reductionist with regard to religion.

Nevertheless it does imply that all people, including those who have no religious belief, have a spiritual life. His research has included a number of national and in-depth surveys of reports of religious or spiritual experience in the United Kingdom.

Neurotheology - How Science Can Enlighten Us about Spirituality - Andrew Newberg
2020-10-27

Andrew Newberg explores the latest findings of neurotheology, the multidisciplinary field linking neuroscience with religious and spiritual phenomena. He investigates some of the most controversial--and potentially transformative--implications of a neurotheological approach.

Consilience - E. O. Wilson 2014-11-26

"A dazzling journey across the sciences and humanities in search of deep laws to unite them." --The Wall Street Journal One of our greatest living scientists--and the winner of two Pulitzer Prizes for *On Human Nature* and *The Ants*--gives us a work of visionary importance that may be the crowning achievement of his career. In *Consilience* (a word that originally meant "jumping together"), Edward O. Wilson renews the Enlightenment's search for a unified theory of knowledge in disciplines that range

from physics to biology, the social sciences and the humanities. Using the natural sciences as his model, Wilson forges dramatic links between fields. He explores the chemistry of the mind and the genetic bases of culture. He postulates the biological principles underlying works of art from cave-drawings to *Lolita*. Presenting the latest findings in prose of wonderful clarity and oratorical eloquence, and synthesizing it into a dazzling whole, *Consilience* is science in the path-clearing traditions of Newton, Einstein, and Richard Feynman.

Contemporary Theories of Religion - Michael Stausberg 2009-06-19

Interest in theories of religion has never been greater. Scholars debate single theoretical approaches in different scholarly journals, while the 'new atheists' such as Richard Dawkins and Daniel Dennett criticize the whole idea of religion. For everyone eager to understand the current state of the field, *Contemporary Theories of Religion* surveys the neglected landscape in its totality. Michael Stausberg brings together leading scholars of the field to review and discuss seventeen contemporary theories of religion. As well as scholars of religion, it features anthropologists, archaeologists, classicists, evolutionary biologists, philosophers and sociologists. Each chapter provides students with background information on the theoretician, a presentation of the theory's basic principles, an analysis of basic assumptions, and a review of previous critiques. Concluding with a section entitled 'Back and Forth', Stausberg compares the different theories and points to further avenues of discussion for the future.

The Mindful Guide to Managing Diabetes - Joseph P. Nopora 2019-10-08

Stress can have a huge impact on diabetes management, even when you are doing everything else right. But you can manage stress, anxiety, and depression, and learn to thrive with diabetes by practicing mindful living. This mindfulness guide will give you the tools and strategies you need to prevent and reduce stress, communicate and solve problems effectively, maintain a positive attitude, and take charge of your diabetes. In addition, you'll find information on topics such as reframing unhealthy beliefs, raising a child with type 1

diabetes, and finding reliable internet resources to help with diabetes and stress management. Don't give stress power over your health and happiness!

How God Changes Your Brain - Andrew Newberg, M.D. 2010-03-23

God is great—for your mental, physical, and spiritual health. Based on new evidence culled from brain-scan studies, a wide-reaching survey of people's religious and spiritual experiences, and the authors' analyses of adult drawings of God, neuroscientist Andrew Newberg and therapist Mark Robert Waldman offer the following breakthrough discoveries: • Not only do prayer and spiritual practice reduce stress, but just twelve minutes of meditation per day may slow down the aging process. •

Contemplating a loving God rather than a punitive God reduces anxiety and depression and increases feelings of security, compassion, and love. • Fundamentalism, in and of itself, can be personally beneficial, but the prejudice generated by extreme beliefs can permanently damage your brain. • Intense prayer and meditation permanently change numerous structures and functions in the brain, altering your values and the way you perceive reality. Both a revelatory work of modern science and a practical guide for readers to enhance their physical and emotional health, *How God Changes Your Brain* is a first-of-a-kind book about faith that is as credible as it is inspiring.

Born to Believe - Andrew Newberg 2007-10-02

Born to Believe was previously published in hardcover as *Why We Believe What We Believe*. Prayer...meditation...speaking in tongues. What do these spiritual activities share and how do they differ? Why do some people believe in God, while others embrace atheism? From the ordinary to the extraordinary, beliefs give meaning to the mysteries of life. They motivate us, provide us with our individual uniqueness, and ultimately change the structure and function of our brains. In *Born to Believe*, Andrew Newberg, MD, and Mark Waldman reveal -- for the very first time -- how our complex views, memories, superstitions, morals, and beliefs are created by the neural activities of the brain. Supported by groundbreaking original research, they explain how our brains construct our deepest convictions and fondest assumptions

about reality and the world around us. Using science, psychology, and religion, the authors offer recommendations for exercising your brain in order to develop a more life-affirming, flexible range of attitudes. Knowing how the brain builds meaning, value, spirituality, and truth into your life will change forever the way you look at yourself and the world.

Neurotheology - Andrew Newberg 2018-03-27

Religion is often cast in opposition to science. Yet both are deeply rooted in the inner workings of the human brain. With the advent of the modern cognitive neurosciences, the scientific study of religious and spiritual phenomena has become far more sophisticated and wide-ranging. What might brain scans of people in prayer, in meditation, or under the influence of psychoactive substances teach us about religious and spiritual beliefs? Are religion and spirituality reducible to neurological processes, or might there be aspects that, at least for now, transcend scientific claims? In this book, Andrew Newberg explores the latest findings of neurotheology, the multidisciplinary field linking neuroscience with religious and spiritual phenomena. He investigates some of the most controversial—and potentially transformative—implications of a neurotheological approach for the truth claims of religion and our understanding of minds and brains. Newberg leads readers on a tour through key intersections of neuroscience and theology, including the potential evolutionary basis of religion; the psychology of religion, including mental health and brain pathology; the neuroscience of myths, rituals, and mystical experiences; how studies of altered states of consciousness shed new light on the mind-brain relationship; and what neurotheology can tell us about free will. When brain science and religious experience are considered together in an integrated approach, Newberg shows, we might come closer to a fuller understanding of the deepest questions.

The Lives of a Cell - Lewis Thomas 1978-02-23

Elegant, suggestive, and clarifying, Lewis Thomas's profoundly humane vision explores the world around us and examines the complex interdependence of all things. Extending beyond the usual limitations of biological science and into a vast and wondrous world of hidden relationships, this provocative book explores in

personal, poetic essays to topics such as computers, germs, language, music, death, insects, and medicine. Lewis Thomas writes, "Once you have become permanently startled, as I am, by the realization that we are a social species, you tend to keep an eye out for the pieces of evidence that this is, by and large, good for us."

Science and the Spirit - James K. A. Smith
2010-08-26

What might be described as a Pentecostal worldview has become a powerful cultural phenomenon, but it is often at odds with modernity and globalization. Science and the Spirit confronts questions of spirituality in the face of contemporary science. The essays in this volume illustrate how Pentecostalism can usefully engage with technology and scientific discovery and consider what might be distinctive about a Pentecostal dialogue with the sciences. The authors conclude that Pentecostals, with their unique perspectives on spirituality, can contribute new insights for a productive interaction between theology and science.

Religion and the Body - David Cave 2012-02-17

This book reflects on the implications of neurobiology and the scientific worldview on aspects of religious experience, belief, and practice, focusing especially on the body and the construction of religious meaning.

God and the Folly of Faith - Victor J. Stenger
2012

Looking at both historical and contemporary contexts, the author argues that religion has played a major role in suppressing scientific pursuit. Original.

Our Religious Brains - Ralph D. Mecklenburger 2012

This is a groundbreaking, accessible look at the implications of cognitive science for religion and theology, intended for laypeople. Avoiding neurological jargon and respectful to all faiths, it examines:

Evolving Intelligence: A Journey Towards New Frontiers - Ruben G Martinez

Spirituality in Educational Leadership - Paul D. Houston 2007-12-13

With contributions from top leadership figures, this innovative and inspirational collection combines research and thought-provoking ideas

for applying spiritual principles to administrative roles and responsibilities.

The New Moon - Arlin Crotts 2014-09-22

Explore Earth's closest neighbor, the Moon, in this fascinating and timely book and discover what we should expect from this seemingly familiar but strange, new frontier. What startling discoveries are being uncovered on the Moon? What will these tell us about our place in the Universe? How can exploring the Moon benefit development on Earth? Discover the role of the Moon in Earth's past and present; read about the lunar environment and how it could be made more habitable for humans; consider whether continued exploration of the Moon is justified; and view rare Apollo-era photos and film stills. This is a complete story of the human lunar experience, presenting many interesting but little-known and significant events in lunar science for the first time. It will appeal to anyone wanting to know more about the stunning discoveries being uncovered on the Moon.

The Face of the Iguana - Patrick J. McKallick
2018-05-28

In *The Face of the Iguana*, Patrick McKallick tells the dramatic stories of how fear-based beliefs, both cultish and religious affected his life, emotionally, physically and mentally and his eventual healing. This book is not just for all those abused by toxic belief systems, but also those recovering from addictions. The author relates touching stories of his painful abandonment by his troubled parents and his final internment in an orphanage. He tells dramatic and amusing anecdotes that preserved his sanity, and the utter desperation of his cunning and miraculous escape from a toxic, doomsday cult. We are taken on a journey of events as varied as hiding under the bed from his raging alcoholic father to descending into the depths of a 16th-century church's crypt where he gazed upon piles of human bones, the shock of which catapulted him unconsciously into a dark and ominous pit. We faithfully follow him as he describes the conclusion of the war in El Salvador and the mass fear and terror of the citizens of that country, to the comical circling of a vintage ocean liner in a beat up fishing boat with an old lady, a fisherman, and two young kids. This is not just a compilation of interesting stories, but clear guidance for anyone

recovering from addictions including to fear-based belief systems and the ensuing guilt and anxiety. The author expertly provides revelations and insights into why we seek out toxic beliefs. Mr. McKallick reveals how his investigation of a surprising and astonishing field led to his incredible healing and liberation from the effects of PTSD. The author learnedly introduces evidential research that mitigated his anxiety due to abusive belief systems and the fear of death. He describes the ensuing collapse of this fear and the promise of an astonishingly beautiful after-life.

Why God Won't Go Away - Andrew Newberg, M.D. 2008-12-10

Why have we humans always longed to connect with something larger than ourselves? Why does consciousness inevitably involve us in a spiritual quest? Why, in short, won't God go away? Theologians, philosophers, and psychologists have debated this question through the ages, arriving at a range of contradictory and ultimately unprovable answers. But in this brilliant, groundbreaking new book, researchers Andrew Newberg and Eugene d'Aquili offer an explanation that is at once profoundly simple and scientifically precise: the religious impulse is rooted in the biology of the brain. Newberg and d'Aquili base this revolutionary conclusion on a long-term investigation of brain function and behavior as well as studies they conducted using high-tech imaging techniques to examine the brains of meditating Buddhists and Franciscan nuns at prayer. What they discovered was that intensely focused spiritual contemplation triggers an alteration in the activity of the brain that leads us to perceive transcendent religious experiences as solid and tangibly real. In other words, the sensation that Buddhists call "oneness with the universe" and the Franciscans attribute to the palpable presence of God is not a delusion or a manifestation of wishful thinking but rather a chain of neurological events that can be objectively observed, recorded, and actually photographed. The inescapable conclusion is that God is hard-wired into the human brain. In Why God Won't Go Away, Newberg and d'Aquili document their pioneering explorations in the field of neurotheology, an emerging discipline dedicated to understanding the complex

relationship between spirituality and the brain. Along the way, they delve into such essential questions as whether humans are biologically compelled to make myths; what is the evolutionary connection between religious ecstasy and sexual orgasm; what do Near Death Experiences reveal about the nature of spiritual phenomena; and how does ritual create its own neurological environment. As their journey unfolds, Newberg and d'Aquili realize that a single, overarching question lies at the heart of their pursuit: Is religion merely a product of biology or has the human brain been mysteriously endowed with the unique capacity to reach and know God? Blending cutting-edge science with illuminating insights into the nature of consciousness and spirituality, Why God Won't Go Away bridges faith and reason, mysticism and empirical data. The neurological basis of how the brain identifies the "real" is nothing short of miraculous. This fascinating, eye-opening book dares to explore both the miracle and the biology of our enduring relationship with God.

Innocence Remembered, a Path to Personal and Global Healing - Doris Ehrler 2009-09-01

INNOCENCE REMEMBERED takes you on a journey through the mysteries of human nature and discusses the key aspects of good health and healing. The main objective is to point out how beliefs of right and wrong, and guilt and innocence, affect our everyday lives on a personal, as well as on a global level. After completing this journey you will understand why we continue to create dis-ease and suffering, and how we can change course. You will feel more compassionate with yourself and others, have more trust in the benevolence of the universal forces, and create your experiences from a heightened sense of peace. INNOCENCE REMEMBERED is filled with invaluable information for anyone who is interested in personal healing, spiritual growth, ecological and economical balance, and global peace. Why We Believe What We Believe - Andrew Newberg 2006-09-12

WHY DO YOU BELIEVE THE THINGS YOU BELIEVE? Do you remember events differently from how they really happened? Where do your superstitions come from? How do morals evolve? Why are some people religious and others

nonreligious? Everyone has thoughts and questions like these, and now Andrew Newberg and Mark Waldman expose, for the first time, how our complex views emerge from the neural activities of the brain. Bridging science, psychology, and religion, they demonstrate, in simple terminology, how the brain perceives reality and transforms it into an extraordinary range of personal, ethical, and creative premises that we use to build meaning, value, spirituality, and truth into our lives. When you come to understand this remarkable process, it will change forever the way you look at the world and yourself. Supported by groundbreaking research, including brain scans of people as they pray, meditate, and even speak in tongues, Newberg and Waldman propose a new model for how deep convictions emerge and influence our lives. You will even glimpse how the mind of an atheist works when contemplating God. Using personal stories, moral paradoxes, and optical illusions, the authors demonstrate how our brains construct our fondest assumptions about reality, offering recommendations for exercising your most important muscle in order to develop a more life-affirming, flexible range of attitudes. You'll discover how to: Recognize when your beliefs are altered by others Guard against mental traps and prejudicial thinking Distinguish between destructive and constructive beliefs Cultivate spiritual and ethical ideals Ultimately, we must always return to our beliefs. From the ordinary to the extraordinary, they give meaning to the mysteries of life, providing us with our individual uniqueness and the ability to fill our lives with joy. Most important, though, they give us inspiration and hope, beacons to guide us through the light and dark corners of the soul

To Believe Or Not To Believe: The Social and Neurological Consequences of Belief Systems - Rahasya Poe 2009-11-06

To Believe or not To Believe: The Social and Neurological Consequences of Belief Systems An in-depth look at how we limit our conscious evolution by maintaining rigid belief systems that no longer serve us and are lacking any logic or reason considering today's advances in physics, neuroscience, and recent archaeological finds. Neuroscience has shown that people who meditate have much higher brain coherence than people who don't; this balance is thought to

be the gateway for spiritual enlightenment, which could be viewed as a bioneurological event. Through a better understanding of reality and our relationship to it, humankind will be able to see through the veils of illusion that keep us in constant conflict with one another. Included are interviews with Dr. Bruce Lipton, Dr. Joe Dispenza, Dr. Andrew Newberg, Fred Alan Wolf, Neale Donald Walsch, Lynne McTaggart, Gary Zukav, Amit Goswami, Shakti Gawain, Dan Millman, Byron Katie, Alberto Villoldo, PhD, Drunvalo Melchizedek, Peter Russell, Timothy Freke, and Rollin McCraty of HeartMath. The book's message reflects the words of Voltaire: "Those who can make you believe absurdities can make you commit atrocities."

The Best in Us - Cleve Stevens 2012-07-02

In our hyper-connected world of instant information and democratic openness, companies that continue to neglect their community are poised for failure. Hope for a healthy economy can be found in the untapped talent of our people—and in a commitment to excellence as the means for awakening that talent. In *The Best in Us*, leadership expert and social ethicist Dr. Cleve Stevens offers a daring and radical new take on leading that emphasizes the rigorous development of leaders and followers. The new approach, called transforming integrative leadership, or simply transformative leadership, is a compelling, highly effective step-by-step process. Dr. Stevens shows what the transformative organization looks like and how the intended growth for the individual, the organization, and the bottom line is achieved.

Neurotheology - Andrew Newberg 2018

"With the advent of the modern cognitive neurosciences, along with anthropological and historical research, the scientific study of religious and spiritual phenomena has become far more sophisticated and wide-ranging. It suggests answers as to how and why religion became so prominent in human societies and in human consciousness. Neurotheology--a term coined by Aldous Huxley in 1962 in his novel *Island* and introduced into the scientific literature in the 1990s by Newberg and others--explores some of the most controversial positions including the argument that religion

was a necessary condition of cohesive societies, morality, and a sense of purpose. The book considers brain development from an evolutionary perspective and assesses how religious and spiritual beliefs and experiences arose and whether such evolutionary evidence eliminates the need for a religious explanation. Newberg demonstrates that religious beliefs and emotions can be both beneficial and detrimental in people's lives. For some, religion provides a means toward compassion, openness, and understanding; others turn to highly destructive acts, as is the case with suicide bombers. What

is happening in the brains of such people? Are they pathological? And what of practices such as meditation, prayer, and the ingestion of psychoactive substances? Neuroimaging studies can show how these practices affect people in the moment and over a lifetime. Finally, the book investigates the deeper implications of a neurotheological approach. Does the neuroscientific study of religion negate any or all of the truth claims of religion? How does neurotheology address the "big questions" such as: What is the meaning of life? Why are we here? And what is the true nature of reality?"--