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Advanced Bushcraft - Dave Canterbury 2015-08

"Meant to follow "Bushcraft 101" by providing more advanced techniques for making tools, traps, shelters, and more, in the wilderness"--

Wilderness & Travel Medicine - Eric Weiss 2011-12-27

CLICK HERE to download the section from Wilderness & Travel Medicine on "Chest & Abdominal Injuries" * Author is a nationally recognized expert in wilderness medicine * Covers both illnesses and injuries * Includes improvised techniques for when medical supplies aren't on hand * Every section has been updated and new illustrations added to this edition First published in 1992, Wilderness & Travel Medicine has been a staple of the emergency first-aid kits sold worldwide by Adventure Medical Kits. With this fourth edition, Mountaineers Books and Adventure Medical Kits have partnered to release an updated, standalone reference for anyone who ventures away from civilization. Topics covered include everything from CPR, shock, and fractures to head, eye, and dental injuries, poisonous reactions, frostbite, hypothermia, heat illness, and much, much more. Throughout the text, sidebars provide useful and improvised techniques for specific injuries. In addition, there is "When to Worry" advice explaining how to tell if an injury is advancing in severity, despite attempts to arrest or slow down dangerous symptoms.

Medicine for the Outdoors - Paul S. Auerbach 2009-01-01

Packed with step-by-step instructions, how-to

explanations, and practical approaches to outdoor and wilderness emergencies, this newly updated guide explains the best ways to respond to just about any medical problem when help is miles or days away. Logically organized, "Medicine for the Outdoors" may literally save a life.

[The Pocket First-Aid Field Guide](#) - George E. Dvorchak 2010-10-06

Practical advice for the on-the-go outdoorsman, this field-friendly guide is essential for anyone interested in first-aid preparation and care. Here is advice useful on a hike or for any fishing trip, including step-by-step instructions on dealing with fractures, suturing wounds, treating eyes and ears, managing allergic reactions, and more. With common sense advice, and in a handy, portable package, this is one little book that no one should be without in a campsite or in their forest hideaway.

Dog First Aid - American Red Cross 2008-01
Dog First Aid, by the American Red Cross, is a color-coded guide and accompanying DVD that includes basic responsibilities like spaying and neutering to managing breathing and cardiac emergencies to preparing for disasters. The guide includes nearly 70 dog first aid topics and the DVD shows step-by-step how to perform the skills needed to administer care to a dog. Dog First Aid is a quick reference guide designed to help everyday people manage emergency situations on their own, with speed and confidence.

Swiftwater Rescue - Slim Ray 2013-03-01
Swiftwater Rescue 2nd Edition offers an in-

depth look at swiftwater rescue for the professional -- firefighters, park rangers, law enforcement, EMS personnel -- as well as anyone who might be faced with the possibility of a flood or swiftwater rescue. Topics include rescuer safety considerations and equipment; river hydrology; equipment; shore-based, boat-based, and in-water rescue techniques; medical considerations; rigging for river rescue; incident command, animal rescue, and swiftwater training. Densely illustrated with line drawings and black & white photographs, the second edition also covers advanced subjects like the use of helicopters in swiftwater rescue and special situations like low-head dams, urban flooding, and flood channel rescues.

Responding to Emergencies - Staywell
2012-08-01

Wilderness and Rescue First Aid - Jeffrey Isaac 2020-04

The Field Guide of Wilderness and Rescue Medicine - Molly Charest 2017-03-01

Wilderness First Aid - Steve Donelan 2018-05-15
Textbook covering wilderness first aid techniques.

Wilderness Medicine - M. D. Forgey 2012-11-06
With help just a quick 911 phone call away, it's hard to imagine the consequences of experiencing an emergency in remote lands. *Wilderness Medicine: Beyond First Aid* is a comprehensive text for the recognition, treatment, and prevention of wilderness emergencies.

Pocket First Aid and Wilderness Medicine - Jim Duff 2017-08-31

This conveniently sized guide is an invaluable point of reference for all who travel and take part in outdoor, wilderness and mountain activities. Written by doctors with a wealth of wilderness specific experience, it provides a comprehensive summary of wilderness first aid and medicine - that is, managing accident or illness in remote locations without immediate access to help - giving you confidence in your ability to deal with any situation that may arise. All topics are clearly referenced and easy to find, with chapters covering preparation, prevention, accident protocol, diagnosis, treatment and

evacuation. From life-threatening emergencies to broken bones and sprains, infectious diseases, food poisoning, envenomation and respiratory problems, the book sets out all the crucial protocol and procedures to follow. It covers a wide range of different environments, including high altitude, desert, polar, tropical and marine, dealing with risk management and a variety of different scenarios. In addition, suggestions for first-aid kits and lists of medications and antibiotics (with dosage) can be found in the appendices.

First Aid, Survival, and CPR - Shirley A Jones
2011-10-05

Awarded AJN Book of the Year Award 2012!
From performing CPR on an adult, child, or infant to dealing with bleeding and shock, cuts and broken bones, heart attacks, emergency childbirth, poisoning, drowning, scuba diving mishaps, wilderness survival, and natural disasters such as tornadoes, wildfires, floods, and earthquakes...this portable, waterproof guide helps you quickly find the information you need to develop a plan of action for assessing and treating all kinds of first aid and survival emergencies.

Pediatric First Aid and CPR - National Safety Council 2001

Management of Wilderness and Environmental Emergencies - Paul S. Auerbach 1983

Wilderness First Aid Field Guide - American Academy of Orthopaedic Surgeons (Rosemont, Illinois) 2022

"The official field guide of the Boy Scouts of America. Sold to education centers, Scout troops, and individuals"--

Field Guide to Wilderness Medicine E-Book - Paul S. Auerbach 2018-11-26

Based on Dr. Auerbach's renowned *Wilderness Medicine* text, *Field Guide to Wilderness Medicine*, 5th Edition, is your portable, authoritative guide to the full range of medical and emergency situations that occur in non-traditional settings. Useful for experienced physicians as well as advanced practice providers, this unique medical guide covers an indispensable range of topics in a well-illustrated, highly condensed format - in print or

on any mobile device - for quick access anytime, anywhere. An easy-access presentation ensures rapid retrieval and comprehension of wilderness medical information, with "Signs and Symptoms" and "Treatment" sections, bulleted lists, and quick-reference text boxes in every chapter. All chapters are thoroughly up to date, including new information on travel medicine, medications, immunizations, and field treatment of common conditions. Step-by-step explanations from wilderness medicine experts cover the clinical presentation and treatment of a full range of wilderness emergencies and show you how to improvise with available materials. Comprehensive coverage includes dive medicine and water-related emergencies, mountain medicine and wilderness survival, global humanitarian relief and disaster medicine, high-altitude medicine, pain management, and much more. Line drawings and color plates help you quickly and accurately identify skin manifestations, plants, poisonous mushrooms, snakes, insects, and more. Useful appendices address everything from environment-specific situations to lists of essential supplies, medicines, and many additional topics of care.

First Aid Quick Guide - National Safety Council 2007

The Complete Wilderness Training Book - Hugh McManners 1998

Charts, maps, and more than 950 full-color, step-by-step photographs demonstrate the principles of outdoor survival, including such skills as building shelters, obtaining food, and navigating through the wilderness. Reprint.

Wilderness EMS - Seth C. Hawkins 2017-10-16
Wilderness EMS is designed for EMS providers and leaders who deliver medical care in the wilderness, and those practicing wilderness medicine as part of a formal team. The textbook is a comprehensive, expertly-written reference ideal for this fast-changing and multidisciplinary specialty. This first-of-its-kind text provides specialized instruction and best practices for wilderness EMS practitioners and students - crucial information for the success of today's rescue missions. A strong foundation in evidence-based medicine, clinical experience, and field applicability makes it especially useful for any EMS provider in a wilderness

environment.

Wilderness First Aid - Howard D. Backer 2005
Published in cooperation with the Wilderness Medical Society, this text is the definitive and essential wilderness first aid book. Ideal for use in the field and in class, this text tells how to identify

The Complete First Aid Pocket Guide - John Furst 2018-11-13

From minor cuts and burns, to heart attacks and strokes, this handy, take-anywhere guide gives you the knowledge and advice you need to recognize and respond to any medical emergency. Be prepared for any medical emergency and handle it safely and efficiently with *The Complete First Aid Pocket Guide*. Quickly identify signs and symptoms of a wide range of medical conditions and learn how to recognize the difference between a minor injury or illness, and those that are more serious with this essential handbook. Each section of *The Complete First Aid Pocket Guide* includes a quick list of signs and symptoms to look for and step-by-step first aid instructions for dealing with each situation, all in user-friendly, simple language that's easy to understand. Medical issues covered include: —First aid basics, including roles and responsibilities of a first aider, managing an incident, activating emergency services, and infection control —Lifesaving skills including the recovery position, cardiopulmonary resuscitation (CPR), and use of an automated external defibrillator (AED) —Minor injuries and conditions, including soft tissue injuries, splinters, blisters, eye injuries, nosebleed, diarrhea, and vomiting —Traumatic injuries including severe bleeding, amputation, shock, fractures, crush injuries, burns, and head and neck injuries —Medical emergencies including heart attack, stroke, asthma, anaphylaxis, hypoglycemia, meningitis, seizures, poisoning, and emergency childbirth —Environmental conditions including hypothermia, frostbite, heat stroke, sunburn, and lightning strike —Pediatric emergencies and illnesses, including assessing an unresponsive child or baby, pediatric cardiopulmonary resuscitation (CPR), choking, croup, and febrile seizures —First aid kit lists for home, vehicles, and outdoor use With an appendix featuring an A-to-Z list of every condition covered, it's easy

for you to quickly find the exact information you need in any situation you may face. With its small trim and portable size, The Complete First Aid Pocket Guide is the perfect addition to a home first aid kit, car first aid kit, disaster-survival bag, as well as a pocket companion for EMTs and other first responders in the field.

The Scouting Guide to First Aid: An Official Boy Scouts of America Handbook - The Boy Scouts of America 2019-07-23

In Scouting's Guide to First Aid, current Scouts, Scout alumni, and readers interested in the outdoors are provided with time-tested advice on how to safely identify, harvest, and use edible wild plants. Some practical tips include: How to triage, assess, and identify medical emergencies What to include in a first aid kit for your home When to seek help for health emergencies How to safely move a sick or injured person How to perform CPR and use an automatic external defibrillator What the proper procedures are for broken bones, hypothermia, burns, and sprains And so much more! Since 1910, the Boy Scouts of America has helped build the future leaders of this country by combining educational activities and lifelong values with fun. The BSA is committed to training youth in responsible citizenship, character development, and self-reliance through participation in a wide range of outdoor activities.

Primeros Auxilios En Lugares Remotos -

Aaos 2014-09-05

Primeros Auxilios en Lugares Remotos is the Spanish Edition of the Emergency Care & Safety Institute's Wilderness First Aid course. Primeros Auxilios en Lugares Remotos, 4ª edición, proporciona información sobre cómo manejar las lesiones y enfermedades comunes cuando la atención médica está distante a una hora o más de tiempo. Diseñado para aquellos que trabajan o viajan en lugares remotos, esta guía completa le enseñará lo que debe buscar y qué hacer en caso de una emergencia, y le dirigirá hacia el tipo más adecuado de atención. Completamente revisada, la cuarta edición contiene información actualizada sobre la formación en primeros auxilios y contiene los lineamientos 2010 en reanimación cardiopulmonar (RCP) y atención cardiovascular de emergencia (ECC). El texto también incluye: * Amplia información acerca de emergencias tanto en climas cálidos como en

fríos* Lineamientos actualizados para tratar emergencias por mordedura de serpientes* Nueva información sobre el manejo de emergencias en personas diabéticas* Revisiones visuales paso a paso de procedimientos descritos para fortalecer el desarrollo de habilidades (destrezas) * Diagramas de flujo que apoyan en el proceso de toma de decisiones y procedimientos adecuados* Tablas de decisión que proporcionan un breve resumen de los signos que los socorristas deben buscar y las medidas de tratamiento que deben tomar*

Excepcionales fotografías e ilustraciones
Pocket First Aid and Wilderness Medicine - Ross Anderson 2017-08-11

This conveniently sized guide is an invaluable point of reference for all who travel and take part in outdoor, wilderness and mountain activities. Written by doctors with a wealth of wilderness specific experience, it provides a comprehensive summary of wilderness first aid and medicine - that is, managing accident or illness in remote locations without immediate access to help - giving you confidence in your ability to deal with any situation that may arise. All topics are clearly referenced and easy to find, with chapters covering preparation, prevention, accident protocol, diagnosis, treatment and evacuation. From life-threatening emergencies to broken bones and sprains, infectious diseases, food poisoning, envenomation and respiratory problems, the book sets out all the crucial protocol and procedures to follow. It covers a wide range of different environments, including high altitude, desert, polar, tropical and marine, dealing with risk management and a variety of different scenarios. Now in its twelfth edition (the third for Cicerone), Pocket First Aid and Wilderness Medicine is an indispensable companion for all outdoor activities and wilderness expeditions.

Occupational Outlook Handbook - United States. Bureau of Labor Statistics 1976

The MeatEater Guide to Wilderness Skills and Survival - Steven Rinella 2020-12-01

NEW YORK TIMES BESTSELLER • An

indispensable guide to surviving everything from an extended wilderness exploration to a day-long boat trip, with hard-earned advice from the host of the show MeatEater as seen on Netflix For

anyone planning to spend time outside, *The MeatEater Guide to Wilderness Skills and Survival* is the perfect antidote to the sensationalism of the modern survival genre. Informed by the real-life experiences of renowned outdoorsman Steven Rinella, its pages are packed with tried-and-true tips, techniques, and gear recommendations. Among other skills, readers will learn about old-school navigation and essential satellite tools, how to build a basic first-aid kit and apply tourniquets, and how to effectively purify water using everything from ancient methods to cutting-edge technologies. This essential guide delivers hard-won insights and know-how garnered from Rinella's own experiences and mistakes and from his trusted crew of expert hunters, anglers, emergency-room doctors, climbers, paddlers, and wilderness guides—with the goal of making any reader feel comfortable and competent while out in the wild.

Wilderness First Aid Field Guide - American Academy of Orthopaedic Surgeons 2011-04-26
The Wilderness First Aid Field Guide Is A User-Friendly, Pocket-Sized Guide Based On The Latest First Aid And CPR Guidelines. This Durable And Water-Resistant Resource Features: Essential Information For When Medical Help Is More Than One Hour Away; How To Signal For Help, When To Evacuate, And Recommended First Aid Supplies; "What To Look For" And "What To Do" Tables For Injuries And Illnesses; Prevention Advice Ranging From Altitude Illness And Bear Attacks To Lightning Strikes And Tick Bites; Heat Index And Wind Chill Charts; And Quick Access To Contents Using An A-Z Format. The Wilderness First Aid Field Guide Meets And Exceeds The Wilderness First Aid Curriculum Of The Boy Scouts Of America.

American Red Cross First Aid/CPR/AED Participant's Manual - American Red Cross 2011

Rev. ed. of: *First aid/CPR/AED for schools and the community*. 3rd ed. c2006.

Wilderness and Remote Access First Aid Field Guide - Sierra Rescue 2017-09
Waterproof field guide for anyone who ventures out into the wilderness or remote areas. Field guide is full of handy tips and tricks, from improvised splints to wound management.

SOLO Wilderness First Responder - Frank Hubbell 2019-12-18

The SOLO Wilderness First Responder is the textbook created for Stonehearth Open Learning Opportunities (SOLO), the wilderness and emergency medicine school in Conway, NH for teaching the course of the same name. Heavily illustrated, the book follows the curriculum of the SOLO course and reflects more than 40 years of experience teaching emergency and wilderness medicine. Covering primary assessment through environmental emergencies the SOLO Wilderness First Responder is a great reference book for first responders and EMTs alike.

Lessons Learned II - Deb Ajango 2005
Through careful examination of accident accounts, followed by analyses of what went wrong and what went right, author/editor Deb Ajango helps readers better understand how and why even seemingly best-laid plans sometimes fail.

Camping & Wilderness Survival - Paul Tawrell 2006

Presents information on basic camping and survival skills while in the wilderness, covering topics such as getting lost, navigating through different terrains and climate conditions, first aid, using compasses and binoculars, wildlife, and cooking.

Boy Scouts of America Wilderness First Aid Manual - Buck Tilton 2009-11-10

Recognizing the lack of a national standard for wilderness first aid, The Boy Scouts of America formed a Task Force consisting of wilderness medicine specialists, medical epidemiologists, legal expertise, and educators to develop a curriculum and doctrine for a 16 hour wilderness first aid (WFA) course. Buck Tilton was the lead author of this project. As author he had to amalgamate the results of the literature research performed by the Task Force and through multiple revisions until this final product was developed. The Task Force is indebted to Buck for his hours of dedication to the project. Persons taking this course will have an appreciation of how wilderness first aid differs from standard, urban first aid. Many readers will want to learn more about this fascinating and critical skill needed by all outdoor travelers. Some will be inspired to

continue their education with a wilderness first responder course. This book contains the full doctrine that the Task Force approved. It provides a portable resource for use in the field as well as a text for the WFA course. It will be your introduction to the basic skills and knowledge all wilderness travelers should possess.

Wilderness and Rescue Medicine - Jeffrey Isaac
2012-03-13

A Guide to Practicing Medicine in Challenging Environments Wilderness and Rescue Medicine: A Practical Guide for the Basic and Advanced Practitioner provides the critical insight and tools required to practice medicine in remote or challenging environments. There is no place in field medicine for unreasonable restrictions on the practical application of medical judgment—that is the guiding philosophy of this user-friendly guide. Wilderness and Rescue Medicine: A Practical Guide for the Basic and Advanced Practitioner teaches readers how to improvise, adapt and exercise reasonable judgment at any level of medical training and in any difficult environment, from the desert to the oceans, from the backwoods to cities stricken by disaster. Grounded in the collective wisdom of hundreds of instructors, rescue personnel and medical practitioners, this text explores medical problems in a broad wilderness context—including cold injuries, altitude illness, diving and lightning injuries and toxins, among others—and pairs that exploration with the realities of solving such problems in the field, well outside the confines and comforts of mainstream medicine. Wilderness and Rescue Medicine: A Practical Guide for the Basic and Advanced Practitioner provides:

- The most up-to-date guidance on practicing medicine in a wilderness context
- An introduction to critical body systems and the general principals of trauma
- Specific information on environmental and backcountry medicine
- An examination of the medical role in search and rescue missions

Field Guide to Wilderness Medicine - Paul S. Auerbach 2003

This field-guide handbook, based upon Dr. Auerbach's text Wilderness Medicine, 4th Edition, focuses on information that is needed when medical situations present in the wilderness setting. Perfect for the physician on

the go, this new 2nd edition includes more chapters and appendixes for an even quicker more complete reference! Complements Wilderness Medicine, 4th Edition. Perfect for the physician on the go. Comprehensive coverage of outdoor medicine. New chapters include: Solar Radiation and Sunscreen, Emergency Airway Management, Emergency Oxygen Administration, Pain Management, Cardiopulmonary Emergencies, Neurological Emergencies, Improvised Litters and Carriers, Aeromedical Transport, Survival, Knots, Children in the Wilderness, Women in the Wilderness. Includes information on splints, slings, dressings, and hot spots. Expanded coverage of Animal Attacks and Zoonoses (diseases carried by animals that can be transmitted to humans, i.e. rabies). 6 Appendixes, including: Priority First Aid Equipment, Contingency Supplies for Wilderness Travel, and Medicine Specific to Women's Health.

Wilderness First Responder - Buck Tilton
2010-03-02

The first teaching manual ever for the "Wilderness First Responder" course, this title represents the cutting edge in medical training for wilderness rescue and self care. The schools affiliated with Tilton's program include the Wilderness Medicine Institute, a subsidiary of NOLS, and SOLO.

NOLS Wilderness Medicine - Tod Schimelpfenig
2021-07-01

The seventh edition of the bestselling NOLS Wilderness Medicine includes all the key first-aid information that made previous editions so valuable, now updated throughout with the latest medical recommendations. This guide is used in NOLS and WMI courses to train outdoor leaders to prevent, recognize, and treat common medical problems and to stabilize severely ill or injured patients for evacuation. A vital resource for outdoor enthusiasts, this book covers fundamental topics in first aid from the unique perspective of the National Outdoor Leadership School. First-aid topics include patient assessments, shock, soft tissue injury, burns, fractures and dislocations, and chest, head, and abdominal injury. Learn how to handle common environmental problems—heat, cold, water, altitude, and poisonous plants and animals. Vital

material is presented in an easy-to-use reference format to save valuable time in an emergency.

Bushcraft First Aid - Dave Canterbury

2017-06-13

"For people who want to develop their bushcraft skills and survive outdoors, this book provides information for treating injuries and illness while in the wild. It includes tips and information on how to use typical outdoorsman items in case of a medical emergency or survival situation"--

Outward Bound Wilderness First-Aid

Handbook - Jeffrey Isaac 2013-01-01

It is critical for backcountry travelers to have the

ability to handle dangerous situations when they occur. This includes a logical, commonsense approach to injury and illness that takes into account the unique aspects of the wilderness setting. This comprehensive reference book, based on the Wilderness Medical Associates curriculum, clearly explains essential diagnostics and first aid procedures necessary for wilderness injuries, including general principles in wilderness medicine; basic life support; medical supplies; wilderness travel; and the newest first aid methods for outdoor situations. It is an essential reference for anyone headed into the great outdoors.